

Coach Yourself Confident

With Julie Smith



THURSDAY, FEBRUARY 13, 2025

4:00-4:45 PM CET / 10:00-10:45 AM EST

Does your confidence lag behind your capabilities? Are self-doubt and perfectionism holding you back from achieving your potential? If so, it's time to take control and unlock your confidence.

Join Julie Smith, award-winning author of *Coach Yourself Confident*, for a transformative webinar that will help you silence your inner critic and embrace your brilliance.

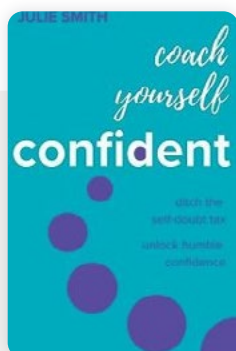
Watch recording:



In this webinar, you will:

- Learn how to distance yourself from your inner critic.
- Tackle two common confidence saboteurs: perfectionism and FOPO (fear of people's opinions).
- Understand how embracing "humble confidence" can empower your personal and professional growth.

Don't let self-doubt hold you back—start building your confidence today!



About Julie Smith:

Julie Smith, founder of Talent Sprout, has supported individuals in building confidence over her 30-year career as a people leader and coach. Her book *Coach Yourself Confident* won the 2024 getAbstract Business Impact Reader's Choice Award. As a coach, speaker, and facilitator, Julie has partnered with leading organizations to help professionals thrive.