



GETABSTRACT REVIEW OF

The 7 Habits of Highly Effective People

Are you tired of feeling like you're just going through the motions, struggling to reach your goals and make progress in your personal and professional life? It's time to turn things around and start living a life of purpose and effectiveness. With over 30 million copies sold worldwide, *The 7 Habits of Highly Effective People* is a timeless classic that has helped people around the globe transform their lives, achieve their goals, and become the best versions of themselves. So what are you waiting for? Let's dive in and discover the seven powerful habits that can revolutionize your life too.

STEP 1

Have your team read the getAbstract summary.

STEP 2

Schedule a team meeting to discuss the questions below.

STEP 3

Have a discussion with your team.

Discussion Questions

1. Which of the seven habits resonated with you the most, and why?
2. How can you apply the concept of focusing on your "circle of influence" instead of your "circle of concern"?
3. It emphasizes the importance of being proactive rather than reactive. Is it possible to become more proactive in our day-to-day lives, and what benefits can we expect from doing so?
4. The book also deals with the idea of synergy, or how we can accomplish more together than alone. Can you think of any examples of synergy in action, either in your personal or professional life? How can we cultivate a culture of synergy in our relationships with others?

"By centering our lives on timeless, unchanging principles, we create a fundamental paradigm of effective living."

The 7 Habits of Highly Effective People

Stephen R. Covey,

ADDITIONAL READS



Good Habits, Bad Habits



Habits

