



GETABSTRACT REVIEW OF

Upstream**The Quest to Solve Problems Before They Happen****Prevent Downstream Disasters With Upstream Interventions**

In the realm of problem-solving, the journey upstream represents a proactive quest to address issues at their source. This “upstream” approach invites a shift from reactive quick fixes to strategic, forward-thinking solutions. It challenges professionals to anticipate obstacles, foster a culture of responsibility, and embrace innovative thinking to prevent problems before they occur. The currents of change are relentless. How you navigate them makes all the difference in the world.

Discussion Questions

1. How can we identify problem blindness within our organization, and what steps can we take to overcome it?
2. How can we balance the need for immediate problem-solving with the need for long-term preventive strategies?
3. Discuss a situation where you or your team could have benefited from an upstream approach. What would you do differently now?
4. What are some potential barriers to implementing upstream solutions, and how can we overcome them?
5. What role do leaders play in fostering an upstream mindset within their teams and organizations?

“What the world needs now is a quieter breed of hero, one actively fighting for a world in which rescues are no longer required.”

Upstream

Dan Heath

Additional resourcesMake Better
Decisions

Goal Setting



Critical Thinking in Practice

