GETABSTRACT REVIEW OF

Thinking, Fast and Slow

Thinking about thinking or writing lucidly about how human beings think isn't easy. Nor is it a simple matter to help people improve their mental capacities, but Nobel Prize winner Daniel Kahneman does all three in this accessible reflection. He asks you to think about thinking by considering how your mind habitually contradicts itself, distorts data and misleads you.

STEP 1

Have your team read the **getAbstract summary.**

STEP 2

Schedule a team meeting to discuss the questions below.

STEP 3

Have a discussion with your team.

Discussion Questions

1. Have you previously given much thought as to how your brain processes information ?
2. How might you describe the main differences between the two cognitive systems?
3. Can you think of an example of how you might have applied both the "WYSIATI "tendency and the "halo effect" to your thought process?
4. Explain your understanding of "hindsight bias" within the area of personal story telling and what impact this might have.
5. After having read the abstract, are you likely to pay more attention to how you make decisions now and why?

"People seize on vivid examples to shape their fears and plans for the future. "

Thinking, Fast and Slow
Daniel Kahneman

Additional resources

Cognitive Neuroscience

Learning and Memory