



GETABSTRACT REVIEW OF **The Big Stretch**

90 Days to Expand Your Dreams, Crush Your Goals, and Create Your Own Success

Are you ready to transform your hobby into a worthwhile side gig? Teneshia Jackson Warner will learn you how to turn your dreams into realities.

STEP 1

Have your team read the [getAbstract summary](#).

STEP 2

Schedule a team meeting to discuss the questions below.

STEP 3

Have a discussion with your team.

Discussion Questions

1. What do dreams mean to you?
2. What might be holding you back to follow your dreams?
3. Which new habit do you want to include in your daily life to get one step closer to achieving your goals?
4. What is your main takeaway from the summary? Is there any action you plan to take?

“Big dreams require unreasonable, radical action to catapult you from where you are to where you want to be.”

The Big Stretch

Teneshia Jackson Warner

Additional resources



Goal Setting