



GETABSTRACT REVIEW OF

# The Psychological Safety Playbook

## Lead More Powerfully by Being More Human

Authors Sampson Davis and Sharlee Jeter discuss the essential elements of fortitude and share stories about people whose stuff enabled them to overcome life's challenges.

## Discussion Questions

### STEP 1

Have your team read the [getAbstract summary](#).

### STEP 2

Schedule a team meeting to discuss the questions below.

### STEP 3

Have a discussion with your team.

1. Do you have an example from your own life that lends support to the book's thesis?
2. After reading the summary, how would you defy your limitations?
3. What does keeping yourself open to unforeseen inspiration entail?
4. Think of one of your current challenges. What is the unforeseen inspiration you can take from it?
5. What are some of the ways in which you can sustain motivation long-term?
6. Where do you see the concepts in this summary fitting in with your current job functions?

*"In the depth of winter, I found there was, within me, an invincible summer."*

### The Stuff

Sampson Davis and Sharlee Jeter

## Additional resources



Resilience



How to Cultivate Grit

