



GETABSTRACT REVIEW OF Team Habits

How Small Actions Lead to Extraordinary Results

Bad Team Habits Are Hard to Break

Teams often struggle due to poor planning, confusing communication, a negative culture and a lack of clear goals. Sometimes, capable individual team members just can't seem to work together smoothly.

You can blame that kind of dysfunction on bad "team habits," according to leadership expert Charles Gilkey. Those habits may include an inability to prioritize, a lack of cohesion, and weak decision-making. In *Team Habits*, he teaches you how to repair bad team habits – start with one and keep going since they're all connected – and inculcate better practices.

Discussion Questions

1. What role does trust play in the formation of effective team habits? How can teams cultivate trust among members, and what habits can reinforce it?
2. What are some key habits that improve team communication and collaboration? How do these habits address common communication barriers within teams?
3. How does the habit of regular feedback contribute to a team's success? How can teams ensure feedback is constructive and leads to improvement?
4. What metrics can be used to measure the success of team habits? How can teams evaluate and adjust their habits to ensure continuous improvement?

STEP 1

Have your team read the [getAbstract summary](#).

STEP 2

Schedule a team meeting to discuss the questions below.

STEP 3

Have a discussion with your team.

"We can spend time grimacing and complaining about things that we can't change or are not well positioned to change while overlooking the stuff we can change right in front of us."

Team Habits

Charlie Gilkey

Additional resources



Teamwork



Habits



Say Thank You for Everything