



STEP 1 Have your team read the getAbstract summary.

STEP 2 Schedule a team meeting to discuss the questions below.

## STEP 3 Have a discussion with your team.

**GETABSTRACT REVIEW OF** 

## **Reverse Mentoring with Patrice Gordon**

Dare to Lead Podcast with Brené Brown

Junior employees - particularly those from underrepresented backgrounds - have a lot to teach their supervisors. Leaders, after all, must understand the challenges their employees face before making executive decisions. Reverse mentoring can be a powerful tool to build trust and foster inclusion in your organization.

## **Discussion Questions**

1. Speaking of company culture, what conditions must be met for reverse mentoring to work? What are potential challenges and obstacles? 2.Communication, empathy and self-awareness are vital leadership skills. How can reverse mentoring help younger employees hone these skills? 3. How can reverse mentoring support building a learning culture? 4.Do you feel a reverse mentoring program could help to close generational gaps within your company? 5. Have you experienced reverse mentoring before? What has been your

"My first tip is ensuring psychological safety, because in order for change to take place and in order for people to lean in with vulnerability, they first have to have trust."

**Reverse Mentoring with Patrice Gordon** 

Brené Brown and Patrice Gordon

## Additional resources



experience?

Mentoring



How to Achieve **Psychological Safety** 



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