

GETABSTRACT REVIEW OF Dare to Lead

Brave Work. Tough Conversations. Whole Hearts.

Lead with Vulnerability to Build Trust and Unlock Potential

In *Dare to Lead*, renowned researcher and storyteller Brené Brown redefines modern leadership by emphasizing vulnerability, courage, and trust as the core skills needed to create resilient, innovative teams. Brown challenges conventional ideas of authority, encouraging leaders to embrace authenticity, navigate tough conversations, and build cultures where people feel safe to take risks and fail forward. Through her "BRAVING" framework and actionable insights, Brown offers a roadmap for cultivating trust and wholehearted engagement, empowering leaders to foster genuine connections and drive meaningful change in today's complex world.

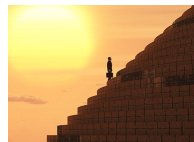
Discussion Questions

1. According to Brown, how does vulnerability function as a key strength in leadership? Can you think of examples where vulnerability has positively impacted your team?
2. What are some practical steps for cultivating a culture of trust in the workplace? How does Brown's "BRAVING" framework help in achieving this goal?
3. Brown emphasizes the importance of having "tough conversations" in the workplace. What barriers exist to initiating these conversations, and how can leaders overcome them?
4. The book explores the concept of "armoring up" in response to uncertainty or fear. How do you identify when to use armor in your leadership approach, and how can you shift toward openness instead?
5. How can leaders balance the need for authenticity with maintaining professional boundaries? Where do you draw this line in your work?

"The courage to be vulnerable is not about winning or losing; it's about the courage to show up when you can't predict or control the outcome."

Dare to Lead
Brené Brown

Additional resources



Leadership Development



Learning and Development



Why Your Critics Aren't
the Ones Who Count

STEP 1

Have your team read the [getAbstract summary](#).

STEP 2

Schedule a team meeting to discuss the questions below.

STEP 3

Have a discussion with your team.