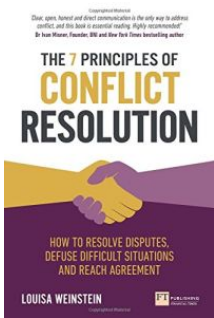


MEETING IN A BOX

How to Resolve Disputes, Defuse Difficult Situations and Reach Agreement

Start a conversation

Start the conversation with your team and take initiative to be a part of our success. Use the getAbstract on [“The 7 Principles of Conflict Resolution”](#) to get started.



- **Step 1:** Have your team read Getting to [“The 7 Principles of Conflict Resolution”](#) getAbstract summary. To access the getAbstract, click on the book cover.
- **Step 2:** Schedule a team meeting to discuss the questions below
- **Step 3:** Have a discussion with your team.



Your success in helping other people deal with conflict depends in part on your awareness of how you handle conflict in your life.

Louisa Weinstein,
Author and Experienced Mediator

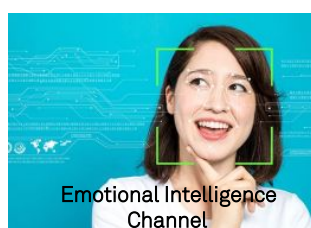
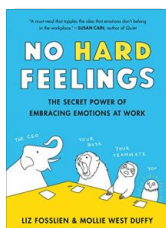
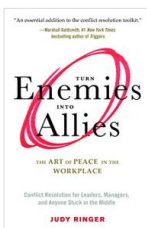
Discussion Questions

1. What are signs that a conflict exists and why is it important to recognize it?
2. Discuss the steps in the first stage of resolution framework and give examples.
3. What are different ways of applying the resolution framework in the second stage? Give examples.
4. What can you and your team get better at doing based on the concepts from this summary?
5. What would success look like if you and your team implemented the ideas from this summary?

Take away

Learn to deal effectively with conflict, become at ease with it all while being an empathetic leader. Share your success with your team weekly and encourage them to do the same.

If you liked Getting to [“The 7 Principles of Conflict Resolution”](#) here are some additional getAbstract summaries and channels you may be interested in...



Emotional Intelligence Channel



Conflict Resolution Channel