

MEETING IN A BOX

The Confidence Effect

Consultant Grace Killelea shows businesswomen how to increase their confidence with the “4 R’s of Success”: “Relationships, Reputation, Results and Resilience.”



- **Step 1:** Have your team read the getAbstract summary of [The Confidence Effect](#). To access the summary, click on the book cover.
- **Step 2:** Schedule a team meeting to discuss the questions below.
- **Step 3:** Have a discussion with your team.

“Being competent without being confident is like working alone in the dark. You may be able to get your work done, but who would know about it?”

Grace Killelea

Author – The Confidence Effect

Discussion Questions:

1. What is the most important message you gain from this summary?
2. What are power relationships and how do they contribute to your success?
3. What ideas from this summary you can put in practice to build your confidence?
4. The author encourages you to use facts and figures to support your decisions but also warns against ignoring your instincts. Why?
5. How will you hold yourself accountable for your career trajectory?



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Women's Career