



GETABSTRACT REVIEW OF

Hardwired to Learn

Leveraging the Self-Sustaining Power of Lifelong Learning

STEP 1

Have your team read the getAbstract summary.

STEP 2

Schedule a team meeting to discuss the questions below.

STEP 3

Have a discussion with your team.

Learning expert Teri Hart explains that being a successful, lifelong learner depends on one thing more than anything else: The right mindset.

Discussion Questions

1. When was the last time you learned a new skill or delved into a new subject-matter? Was the learning process fun?
2. Do you buy into some of the learning myths Hart discusses? If so, which one(s)?
3. Can you think of some best practices for building lifelong learning into a busy schedule?
4. What is something you would like to learn but haven't had the courage to get started?

"When I reflect on all the things that hold us back from our potential to learn, I notice that they all have one thing in common: our mind-set."

Hardwired to Learn

Teri Hart

ADDITIONAL READS



"We Learn Better by Doing and Applying"

