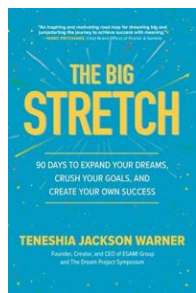


MEETING IN A BOX

The Big Stretch

90 Days to Expand Your Dreams, Crush Your Goals,
and Create Your Own Success

Are you ready to transform your hobby into a worthwhile side gig? Teneshia Jackson Warner will learn you how to turn your dreams into realities.



- **Step 1:** Have your team read the getAbstract summary of **The Big Stretch**. To access the summary, click on the book cover.
- **Step 2:** Schedule a team meeting to discuss the questions below.
- **Step 3:** Have a discussion with your team.

“Big dreams require unreasonable, radical action to catapult you from where you are to where you want to be.”

Teneshia Jackson Warner
Author – The Big Stretch

Discussion Questions

- What do dreams mean to you?
- What might be holding you back to follow your dreams?
- Which new habit do you want to include in your daily life to get one step closer to achieving your goals?
- What is your main takeaway from the summary? Is there any action you plan to take?



Recommended getAbstract channel

Goal Setting