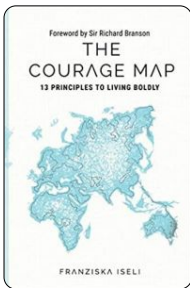


MEETING IN A BOX

The Courage Map

Are you ready to unlock the courage within you and embrace a life of meaning and adventure?



- **Step 1:** Have your team read the getAbstract summary of **The Courage Map**. To access the summary, click on the book cover.
- **Step 2:** Schedule a team meeting to discuss the questions below.
- **Step 3:** Have a discussion with your team.

“Courage is not about being fearless; it’s about making brave decisions despite fear.”

Franziska Iseli
Author – The Courage Map

Discussion Questions

- What does being courageous mean to you?
- What do you need courage for in your professional life?
- What might be holding you back to do something courageous?
- How can you build up personal courage and/or help a teammate to get out of their comfort zone?
- The author talks about the story of present-you and future-you. Are the two personas the same for you?



Recommended getAbstract channel

Life Advice