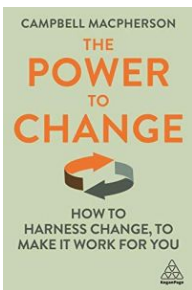


# MEETING IN A BOX

## The Power to Change

Increasingly, people are struggling to keep up with the pace of change in society and their personal lives - In this practical book, Macpherson outlines tangible ways people can learn not only to handle major life changes, but welcome them.



- **Step 1:** Have your team read the getAbstract summary of [The Power to Change](#). To access the summary, click on the book cover.
- **Step 2:** Schedule a team meeting to discuss the questions below.
- **Step 3:** Have a discussion with your team.

**“Its not what happens to you but how you react to it that matters.”**

**Campbell Macpherson**  
Author – The Power to Change

### Discussion Questions

- How do you react to change in your professional life?
- Which of the tips to break down the barriers of change is the most valuable for your professional and personal life?
- Where do you see or feel changes in your organization?
- How can you and your team improve in dealing with change?



Recommended getAbstract channel

## Change Management