

## Boost Your Effectiveness at Work by Inspiring and Developing Those Around You

## **Support Coaching at Company XZY**

Start the conversation with your team and take initiative to be a part of our success. Use the getAbstract on "The Tao of Coaching" to get started.



- Step 1: Have your team read "The Tao of Coaching" on the getAbstract site.

  To access the getAbstract summary, click on the book cover.
- **Step 2:** Schedule a team meeting to discuss the questions below.
- Step 3: Have a discussion with your team.

"Try asking a few good questions where you might otherwise have issued an instruction or leapt into providing advice."





## **Discussion Questions**

- 1. How does coaching others also benefit you?
- 2. What value does leading questions bring to a coaching session?
- 3. Which coaching lesson (s) shared by the author are you considering implementing?
- 4. How have the summary's ideas changed your view of your coaching style?
- 5. Reflect on some of your personal coaching blocks. Share how you intend to overcome them.
- 6. What new understanding or awareness of coaching concepts have you learn?

## **Take Away**

Remember to actively listen when you are coaching. Even if you think you know the answer, you might find a better solution arises when you listen carefully. Set SMART goals with your team and work together to achieve them.

If you liked "The Tao of Coaching" here are some additional getAbstract summaries and channels you may be interested in...











**Coaching Channel**