

MEETING IN A BOX

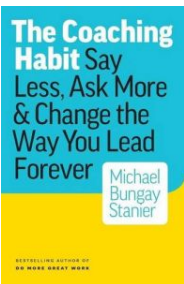
Your Guide to Coaching

The Coaching Habit

Start the conversation with your team and take initiative to be a part of our success. Use the getAbstract on "[The Coaching Habit](#)" to get started.

"Building a coaching habit will help you and your team reconnect to the work that not only has impact but has meaning as well."

- Michael Bungay Stanier, Author



- **Step 1:** Have your team read "[The Coaching Habit](#)" getAbstract summary. To access the getAbstract, click on the book cover.
- **Step 2:** Schedule a team meeting to discuss the questions below
- **Step 3:** Have a discussion with your team.

**Discussion Questions**

1. Name the 7 crucial managers must help their teams members answer.
2. What is stopping you from holding a weekly coaching conversation with your direct reports?
3. Are you actively listening when coaching or just waiting to give criticism? How do you know the difference?
4. What steps will you take to strengthen your coaching style?

Take away

- Coaches should ask "seven essential questions" to help people reach their own solutions.
- Proper coaching helps employees enhance their skills and master their jobs.
- You can coach someone in "10 minutes or less," so make coaching a daily routine.

If you liked "[The Coaching Habit](#)" here are some additional getAbstract summaries and channels you may be interested in...

